

## ***Living Free From Guilt***

Guilt is not always a bad thing...

It has a purpose...if sin is the fire, then guilt is the smoke alarm

**Ignoring your conscience is not a good thing.**

#1 You will wound you conscience  
Pslam 32:3-4

#2 A calloused heart  
Matthew 13 and Acts 28

#3 A seared conscience

1 Timothy 4:2

1 Timothy 1:19

**How do we deal with guilt and shame?**

#1 You must admit one thing...  
...admit your sins to God

#2 You must ask three things...

Ask God to...

1. Forgive you;
2. Restore you;
3. Use you again.

# Sunday Sermon Outline

---