

## *Living Beyond Worry (selected scriptures)*

*How do we learn to live beyond worry?*

- 1. Worry and anxiety are not exactly the same thing but are connected.*
- 2. Worry and anxiety are emotions and emotions are responders.*
- 3. Worry and anxiety lack discernment.*

*To overcome \_\_\_\_\_ and \_\_\_\_\_ we must choose to think differently.*

- Isaiah 26:3 KJV*

*"Keep" means to \_\_\_\_\_, \_\_\_\_\_ or \_\_\_\_\_ "Perfect Peace" literally says shalom, shalom. The word means completion, fulfillment, and peace.*

- II Thess. 3:16*

*How do we enter into this double peace of God?*

*Isaiah 26:3 NLT*

- The words thoughts and mind refer to mindset or our fram of mind.*

*Patemus*

- Philippians 4:8-9*
- Proverbs 23:7 KJV*