

The Biblical Counseling Ministries of East Wenatchee First Baptist Church

These are the 4 basics of Biblical redemption and victory over our life issues on which we focus:

- 1. God's plan for our redemption and victory over the issues we face begins with a saving relationship with Jesus Christ as our Lord and Savior – we must recognize our sin, accept God's solution through His Son Jesus Christ, and begin walking in faith with Him.**
- 2. The foundation to Biblical Counseling is that the Bible and the Holy Spirit provide everything a Bible-believing Christian needs to address their life issues¹.**
- 3. As a Bible-believing Christian walking in faith, we can begin working on our life issues with God's Word and His Holy Spirit working in and through our lives.**
- 4. Unlike "Christian Counseling", Biblical Counseling will not seek to add to nor integrate God's Word with anything – the Bible and the Holy Spirit are sufficient.**

Biblical Counseling involves the following basics...

- **God is at the center of all counseling.**
- **The authority of the Bible, God's Word is absolute – nothing can be added, deleted, or integrated – everything is measured against biblical truth (1 Tim. 6:20-21).**
- **Sin in all of its dimensions is the primary problem.**
- **The Gospel of Jesus Christ is the answer.**
- **Progressive sanctification, the believer's lifelong walk with Christ, is the objective and the change process of Biblical Counseling.**
- **The life issues/difficulties believers face are not random events nor a surprise to an all-knowing God, but something He has allowed and may use for our growth.**
- **Counseling must be church based and is fundamentally a pastoral activity or is accomplished under his direction/authority.**

**The Gospel of Jesus Christ is the answer!
God has called mature believers
in Bible-believing churches
to a ministry of discipleship.**

¹ *In addition to spiritual issues and a struggle with sin that a believer can address biblically, a person can be affected by several organic medical conditions that require care/treatment by a medical doctor (MD) and/or prescription medication.*